

# Grooving with the Animals CD

## Dance & Movement

### 1. Frogs

Leaping like a frog...a game of "leap frog" would go well here.

If that seems too difficult, then kids can individually (or collectively) sit like a frog, then hop like a frog, then leap like frog. They could also be asked "can you croak like a frog"?

### 2. Elephants

Walking around the room with their arms extended down and hands clasped together...they can then sway their "trunks" and do the "stomps" with their feet.

### 3. Alligators & Crocodiles

This is a good sing-a-long song. Then kids can do the crocodile "snaps". Big crocodiles snaps (using their whole arms). And baby crocodile "snaps" using just their hands (Perhaps half the kids can be adult crocs and half can be babies).

### 4. Sheep

Children can walk on all fours and do the "baas" with the song or whenever the mood strikes them.

### 5. Oysters, Mussels and Clams

This is a hopping song. So kids can practice their hopping by doing the "one foot rock".

### 6. Snakes & Lizards

Some children can be snakes rolling and slithering. Others can be lizards on all fours, occasionally scurrying and leaping. This is a song for them to be very quiet in (sneaking up on their prey).

### 7. Rabbit

Bunny hopping/jumping on two feet with hands held together (against the thumbs and index fingers) curved down in front and arms held against their sides/chests. Seems so natural for most kids!

### 8. Birds

Flapping their wings, then gliding and looking up in the sky.

### 9. Tuatara

This is an instructive song. Kids can still walk quietly on all fours, then occasionally bare their teeth and munch on a weta ("oh there's a weta").

### 10. Crab

"Walk like a crab" (another one that seems a natural for many kids). See album art for picture.

### 11. Cheetah

"Who's the fastest animal?" Cheetah! This is one for running around on two feet or four.

### 12. Jellyfish

"Wobble like a jellyfish". Wobble around without moving your feet (slightly turning the body one way then the other, Fast--kind of like doing the Twist without moving the feet).

### 13. Monkey

Make believe climbing (with hands and feet). Also mock swinging...up on one side, bend knees down in the middle, then back up on other side; back and forth in time with music (fast or slow--half as fast).

### 14. Cows

Facial expressions and movements are the thing here, ie. sticking out tongues, smiling, looking at their neighbor, chewing. Then tromping in the mud and making "squishy" sounds.