

# Things We Love to Do Album Guide and Notes

## Shake a Shake a

Put your hands on your hips and start shaking! This song has easy movements all clearly announced. Great for a group/class activity or individual impromptu action. Also has short instrumental breaks in it so no one gets too exhausted! The rhythm will naturally engage kids and the tempo is just right. Dance & movement to the fore on your floor!

## Round & Around

The quintessential children's rhyme set to music. Has counting to 12 backward and forward, based on a clock face. Make like a merry-go-round and in your circle you and your kids can go around. First clockwise, then counter clockwise. Can be done at full speed (merry-go-round) or half speed (clock). Then you can all count the clock numbers. Good also for coordinating in a group, including changes of direction. And it has recurring stops in the chorus, so kids can listen for it, stop, and stand on their toes. Can even be done by a group of children individually. Perfect sing-a-long song with lots of movement.

## Put Your Best Foot Forward

Action and values abound. Great for coordinating doing things together. Positive messages and more fun movements. Hand clapping and clapping showing how grand it is to do things together in a positive spirit. Good repetition. Put your best foot forward literally and figuratively!

## What Do You Have to Say

Let's rest our bodies (for the most part) while we exercise our minds. Time for kids to say what they want to do today. This song should spur them on with a few good ideas. Encourages them to think and talk about some of the things they love to do. Just ask them and there is no doubt some creative ideas will come out! Also encourages children to talk about how they feel about today and what they might like to do. And the value of making friends means the more the merrier. Useful ice breaker...

## Doodlin'

Activity based. Something that children and adults do...naturally! Good song for promoting drawing and painting. Use it as a lead in...Make some funny pictures! Helps kids visualize shapes and patterns. Good for developing vocabulary of words and images. Practical support for creativity.

## Make Believe

Positive images. Use your imagination and anything is possible. Great song for facilitating positive attitudes. Kids can dress up and act out these ideas and more of their own. A song that captures the imagination. Excellent for listening....simply captivating! Encourages self worth and actualization.

## It's Always More Fun (if You Share)

The virtues and value of sharing are well visualized in this beautiful song that will appeal to adults as well as children. Important ideals for kids (and adults). It's a wonderful message: the strength, exhilaration, deep fulfillment and uplifted feeling from sharing. You really do have more fun if you share. The joy lasts longer...and you get to share the memories...

## Bug Hunting

From my own experience and those of others we know that kids like bug hunting. We're putting on our safari hats! It's all part of the exciting adventure of growing up and the fascination of making new discoveries. Encourages curiosity and effort. A great way to get kids excited and learning about the natural world around them! And a fun activity in its own right!

## Running Water

Can be used as an announcement song. Use it to let kids know it is time to get ready to eat, making the process more fun. Also ingrains healthy habits anytime, in a novel way. It is an ideal (and necessary) association for kids to make. Practical and good aural visualization.

## Stories

A great lead in for story times and mat times. Whets kids appetite for books. Gets them thinking about stories and what they might be about. Encourages individual thought with a variety of suggestions & visualizations. Enhances curiosity and probably listening skills. Stimulates awareness and ideas. Useful anytime to espouse the value of books.

## We Love to Ride

If it moves, I want to be a part of it, ie. I want to move. Seems to be an innate desire within children and here's some great encouragement! An excellent rhyming, sing-a-long song with plenty of movement in the words and music. Activates and expands children's imaginations. Positive messages about activities. Also encourages playing together. A Riding, Rhyming Extravaganza! Kids Love to Ride...climb aboard!